

Winter 2026 CE Course Catalogue

The Correlation of Addiction and Mental Health

Date/Time: Thursday January 8th, 2026 from 12:00pm-1:00pm

Location: Synchronous Virtual Over Zoom

CEs Available: 1 CE

Presenter: SJ Johnson, MA, BS, DP-ADC

Course Description: This course will take a closer look at how substance use and mental health connect. Participants will explore the definition of co occurring disorders, review the diagnostic criteria for a Substance Use Disorder, and discuss ethics, guiding principles, and common risk factors. The course will also introduce treatment options through a social work and sociological lens, with attention to how these approaches support individuals, families, and communities.



SJ Johnson, MS, BS, DP-ADC

Introduction to Dialectical Behavioral Therapy (DBT)

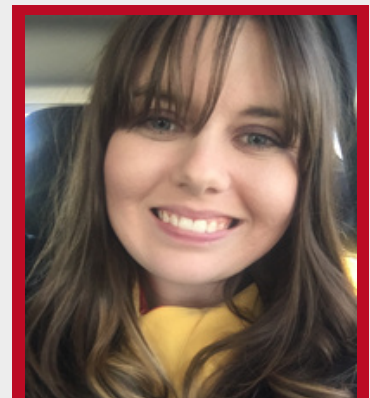
Date/Time: Wednesday January 14th, 2026 from 1:00pm-4:30pm

Location: Synchronous Virtual Over Zoom

CEs Available: 3 CEs

Presenter: Moregan LaMarr, LMSW-C

Course Description: This course will provide a foundational overview of Dialectical Behavioral Therapy and its core principles. Participants will explore what DBT is, how it is structured, and the evidence behind its effectiveness. The course will highlight the types of concerns DBT is commonly used to treat, including emotion regulation challenges, self harming behaviors, personality disorders, and other mental health conditions. Through a social work lens, participants will also examine how DBT skills can positively impact individuals by increasing coping strategies, improving emotional stability, and strengthening interpersonal effectiveness.



Moregan LaMarr, LMSW

The Impact of Implicit Bias in Practice

Date/Time: Friday January 23rd, 2026 from 1:00pm-3:00pm

Location: Synchronous Virtual Over Zoom

CEs Available: 2 Implicit Bias CEs

Presenter: Lucy Mercier, PhD, LMSW, ACSW

Course Description: This course examines the impact of implicit bias in practice, with a focus on how unconscious attitudes and assumptions can create barriers and contribute to disparities in access to services. Participants will explore the concept of implicit bias, how it develops, and the ways it can influence provider perceptions, decision making, and professional interactions. The course will also address the real world consequences of bias for individuals, families, and communities receiving services. Through case studies and practical examples, participants will learn evidence informed strategies to recognize, reduce, and mitigate bias in their practice, with the goal of promoting more equitable and effective service delivery.



Lucy Mercier, PhD, LMSW, ACSW

Human Trafficking 101 for Social Workers

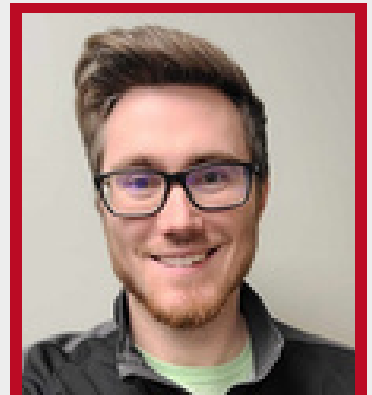
Date/Time: Friday February 6th, 2026 from 12:00pm-1:30pm

Location: *In-person* attendance at SVSU

CEs Available: 1.5 Human Trafficking CEs

Presenter: Shawn Schutt, MPH

Course Description: This course will provide attendees with a foundational understanding of human trafficking and the critical role helping professionals play in identifying and responding to it. Participants will explore what human trafficking is, including the legal definitions, root causes, and dynamics that make individuals vulnerable to exploitation. The course will examine the various forms of sex and labor trafficking, highlighting how trafficking can present in both overt and subtle ways across diverse community settings. Attendees will learn to recognize key indicators of trafficking, dispel common myths, and understand how trauma-bonding, coercion, and control tactics impact a victim's ability to seek help.



Shawn Schutt, MPH

Who is ALICE? Strengthening Practice with ALICE Communities

Date/Time: Wednesday February 11th, 2026 from 12:00pm-1:00pm

Location: Synchronous Virtual Over Zoom

CEs Available: 1 CE

Presenter: Gina Huynh, LLMSW

Course Description: This course provides a foundational overview of the ALICE framework; Asset Limited, Income Constrained, Employed, and the realities faced by ALICE households in today's economic landscape. Participants will explore who ALICE communities are, what factors contribute to their financial instability, and how ALICE status impacts daily functioning, wellbeing, and long-term opportunity. The course will highlight the common barriers ALICE individuals and families experience, including housing insecurity, limited access to healthcare, childcare challenges, and inconsistent transportation.



Gina Huynh, LLMSW

Bridging Mind and Birth: An Overview of Modern Obstetrics for Mental Health Professionals

Date/Time: Tuesday February 17th, 2026 from 8:30am-12:30pm

Location: Synchronous Virtual Over Zoom

CEs Available: 1 Pain Management CE, 2.5 Regular CEs

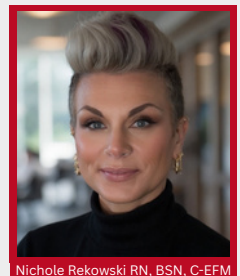
Presenters: Sara Gilbertson, CNM, MS, PMH-C

Nichole Rekowski RN, BSN, C-EFM and Kristina Ledlow, ICCE, CD, CPD, PMH-C

Course Description: This continuing education course provides mental health professionals with a foundational overview of obstetric concepts and pain management in pregnancy, childbirth, and the postpartum period. Participants will review stages of pregnancy, key obstetric terminology, and medical processes involved in prenatal care, labor, delivery, and postpartum recovery. One hour of the course will specifically focus on pain assessment and management across the perinatal period and how these experiences intersect with mental health, while the remaining two hours will address broader obstetric and perinatal mental health considerations. As affiliates of Postpartum Support International-Michigan, the trainers are excited to educate participants on the content covered in this presentation.



Sara Gilbertson, CNM, MS, PMH-C



Nichole Rekowski RN, BSN, C-EFM



Kristina Ledlow, ICCE, CD, CPD, PMH-C

Compassion Fatigue

Date/Time: Thursday February 26th, 2026 from 12:00pm-1:00pm

Location: Synchronous Virtual Over Zoom

CEs Available: 1 CE

Presenter: Cathy Macomber, PhD, LMSW, CSW-G

Course Description: This course will take a closer look at how helping professionals experience many of the emotions experienced by the vulnerable populations they serve. Intended or not, individuals who serve in the helping professions are affected by the work they do. Compassion fatigue can be one of the outcomes of the work of helping professionals. This presentation will introduce the concepts of compassion fatigue and compassion satisfaction. Participants will understand these concepts and will learn methods for addressing risk and promoting resilience in the work they do with vulnerable populations. This topic is one that revolves around self-care in helping professions.



Cathy Macomber, PhD, LMSW, CSW-G

Enhancing Participation in Voluntary Services: Strategies for Engaging Youth Transitioning From Foster Care

Date/Time: Thursday March 12th, 2026 from 12:00pm - 1:00pm

Location: Synchronous Virtual Over Zoom

CEs Available: 1 CE

Presenter: Liz Martin, LLMSW

Course Description: This course will take a closer look at evidence-based strategies to effectively engage transition-age youth in voluntary programs, including aftercare, postsecondary support, and independent living services. Drawing from current research and youth-driven practice models, the session highlights relational engagement, co-production, power-sharing, and the use of natural supports as core components of authentic youth participation. Participants will explore how to create low-barrier, trauma-responsive environments that enhance trust, self-determination, and collaboration with the goal of increasing retention, satisfaction, and outcomes for youth transitioning out of foster care. Practical tools, examples, and engagement prompts will be provided for immediate application in the field.



Liz Martin LLMSW

Navigating Ethical Dilemmas in Practicum Supervision: A Solution-Focused Approach

Date/Time: Friday March 20th, 2026 from 9:00am-11:00am

Location: Synchronous Virtual Over Zoom

CEs Available: 2 Ethics CEs

Presenter: Mark Giesler, PhD, LMSW

Course Description: Graduates of Michigan Schools of Social Work face increasing pressure to practice ethically amid evolving social media use, emerging technologies, and blurred professional boundaries. Practicum placement supervisors are challenged to not only teach ethical principles, but also model them within their supervision practices. This interactive course explores three supervision roles and tasks that commonly present ethical dilemmas or potential violations. Participants will strengthen their understanding of diversity competence, dual relationships, and scope of practice as they relate to practicum supervision. Small group activities will support discussion and problem solving around real world ethical challenges.



Mark Giesler, PhD, LMSW

The Impact of Implicit Bias in Practice

Date/Time: Tuesday March 31st, 2026 from 5:00pm - 7:00pm

Location: Synchronous Virtual Over Zoom

CEs Available: 2 Implicit Bias CEs

Presenter: Lucy Mercier, PhD, LMSW, ACSW

Course Description: This course examines the impact of implicit bias in practice, with a focus on how unconscious attitudes and assumptions can create barriers and contribute to disparities in access to services. Participants will explore the concept of implicit bias, how it develops, and the ways it can influence provider perceptions, decision making, and professional interactions. The course will also address the real world consequences of bias for individuals, families, and communities receiving services. Through case studies and practical examples, participants will learn evidence informed strategies to recognize, reduce, and mitigate bias in their practice, with the goal of promoting more equitable and effective service delivery.



Lucy Mercier, PhD, LMSW, ACSW

Human Trafficking 101 for Social Workers

Date/Time: Monday April 6th, 2026 from 5:00pm-6:30pm

Location: Synchronous Virtual over Zoom

CEs Available: 1.5 Human Trafficking CEs

Presenter: Shawn Schutt, MPH

Course Description: This course will provide attendees with a foundational understanding of human trafficking and the critical role helping professionals play in identifying and responding to it. Participants will explore what human trafficking is, including the legal definitions, root causes, and dynamics that make individuals vulnerable to exploitation. The course will examine the various forms of sex and labor trafficking, highlighting how trafficking can present in both overt and subtle ways across diverse community settings. Attendees will learn to recognize key indicators of trafficking, dispel common myths, and understand how trauma-bonding, coercion, and control tactics impact a victim's ability to seek help.



**You can register for ALL courses
by scanning the QR Code below**

**Any questions? email
youthwise@svsu.edu**

**We are here to support your training needs
and provide accessible opportunities for
professional development and growth in
rural and medically underserved
communities in Michigan.**

