

# ►Winter 2026 CE Course Catalogue◀

## The Correlation of Addiction and Mental Health

**Date/Time:** Thursday January 8<sup>th</sup>, 2026 from 12:00pm-1:00pm

**Location:** Synchronous Virtual Over Zoom

**CEs Available:** 1 CE

**Presenter:** SJ Johnson, MA, BS, DP-ADC

**Course Description:** This course will take a closer look at how substance use and mental health connect. Participants will explore the definition of co occurring disorders, review the diagnostic criteria for a Substance Use Disorder, and discuss ethics, guiding principles, and common risk factors. The course will also introduce treatment options through a social work and sociological lens, with attention to how these approaches support individuals, families, and communities.



SJ Johnson, MS, BS, DP-ADC

## Introduction to Dialectical Behavioral Therapy (DBT)

**Date/Time:** Wednesday January 14<sup>th</sup>, 2026 from 1:00pm-4:30pm

**Location:** Synchronous Virtual Over Zoom

**CEs Available:** 3 CEs

**Presenter:** Moregan LaMarr, LMSW-C

**Course Description:** This course will provide a foundational overview of Dialectical Behavioral Therapy and its core principles. Participants will explore what DBT is, how it is structured, and the evidence behind its effectiveness. The course will highlight the types of concerns DBT is commonly used to treat, including emotion regulation challenges, self harming behaviors, personality disorders, and other mental health conditions. Through a social work lens, participants will also examine how DBT skills can positively impact individuals by increasing coping strategies, improving emotional stability, and strengthening interpersonal effectiveness.



Moregan LaMarr, LMSW

# The Impact of Implicit Bias in Practice

**Date/Time:** Friday January 23<sup>rd</sup>, 2026 from 1:00pm-3:00pm

**Location:** Synchronous Virtual Over Zoom

**CEs Available:** 2 Implicit Bias CEs

**Presenter:** Lucy Mercier, PhD, LMSW, ACSW

**Course Description:** This course examines the impact of implicit bias in practice, with a focus on how unconscious attitudes and assumptions can create barriers and contribute to disparities in access to services. Participants will explore the concept of implicit bias, how it develops, and the ways it can influence provider perceptions, decision making, and professional interactions. The course will also address the real world consequences of bias for individuals, families, and communities receiving services. Through case studies and practical examples, participants will learn evidence informed strategies to recognize, reduce, and mitigate bias in their practice, with the goal of promoting more equitable and effective service delivery.



Lucy Mercier, PhD, LMSW, ACSW

## Human Trafficking 101 for Social Workers

**Date/Time:** Friday February 6<sup>th</sup>, 2026 from 12:00pm-1:30pm

**Location:** *In-person* attendance at SVSU

**CEs Available:** 1.5 Human Trafficking CEs

**Presenter:** Shawn Schutt, MPH

**Course Description:** This course will provide attendees with a foundational understanding of human trafficking and the critical role helping professionals play in identifying and responding to it. Participants will explore what human trafficking is, including the legal definitions, root causes, and dynamics that make individuals vulnerable to exploitation. The course will examine the various forms of sex and labor trafficking, highlighting how trafficking can present in both overt and subtle ways across diverse community settings. Attendees will learn to recognize key indicators of trafficking, dispel common myths, and understand how trauma-bonding, coercion, and control tactics impact a victim's ability to seek help.



Shawn Schutt, MPH

# Who is ALICE? Strengthening Practice with ALICE Communities

**Date/Time:** Wednesday February 11<sup>th</sup>, 2026 from 12:00pm-1:00pm

**Location:** Synchronous Virtual Over Zoom

**CEs Available:** 1 CE

**Presenter:** Gina Huynh, LLMSW

**Course Description:** This course provides a foundational overview of the ALICE framework; Asset Limited, Income Constrained, Employed, and the realities faced by ALICE households in today's economic landscape. Participants will explore who ALICE communities are, what factors contribute to their financial instability, and how ALICE status impacts daily functioning, wellbeing, and long-term opportunity. The course will highlight the common barriers ALICE individuals and families experience, including housing insecurity, limited access to healthcare, childcare challenges, and inconsistent transportation.



Gina Huynh, LLMSW

## Bridging Mind and Birth: An Overview of Modern Obstetrics for Mental Health Professionals

**Date/Time:** Tuesday February 17<sup>th</sup>, 2026 from 8:30am-12:30pm

**Location:** Synchronous Virtual Over Zoom

**CEs Available:** 1 Pain Management CE, 2.5 Regular CEs

**Presenters:** Sara Gilbertson, CNM, MS, PMH-C

Nichole Rekowski RN, BSN, C-EFM and Kristina

Ledlow, ICCE, CD, CPD, PMH-C



Sara Gilbertson, CNM, MS, PMH-C



Nichole Rekowski RN, BSN, C-EFM

**Course Description:** This continuing education course provides mental health professionals with a foundational overview of obstetric concepts and pain management in pregnancy, childbirth, and the postpartum period. Participants will review stages of pregnancy, key obstetric terminology, and medical processes involved in prenatal care, labor, delivery, and postpartum recovery. One hour of the course will specifically focus on pain assessment and management across the perinatal period and how these experiences intersect with mental health, while the remaining two hours will address broader obstetric and perinatal mental health considerations. As affiliates of Postpartum Support International-Michigan, the trainers are excited to educate participants on the content covered in this presentation.



Kristina Ledlow, ICCE, CD, CPD, PMH-C

# Compassion Fatigue

**Date/Time:** Thursday February 26<sup>th</sup>, 2026 from 12:00pm-1:00pm

**Location:** Synchronous Virtual Over Zoom

**CEs Available:** 1 CE

**Presenter:** Cathy Macomber, PhD, LMSW, CSW-G

**Course Description:** This course will take a closer look at how helping professionals experience many of the emotions experienced by the vulnerable populations they serve. Intended or not, individuals who serve in the helping professions are affected by the work they do. Compassion fatigue can be one of the outcomes of the work of helping professionals. This presentation will introduce the concepts of compassion fatigue and compassion satisfaction. Participants will understand these concepts and will learn methods for addressing risk and promoting resilience in the work they do with vulnerable populations. This topic is one that revolves around self-care in helping professions.



[Cathy Macomber, PhD, LMSW, CSW-G](#)

## Enhancing Participation in Voluntary Services: Strategies for Engaging Youth Transitioning From Foster Care

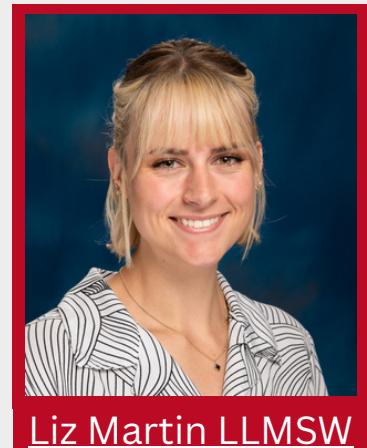
**Date/Time:** Thursday March 12<sup>th</sup>, 2026 from 12:00pm - 1:00pm

**Location:** Synchronous Virtual Over Zoom

**CEs Available:** 1 CE

**Presenter:** Liz Martin, LLMSW

**Course Description:** This course will take a closer look at evidence-based strategies to effectively engage transition-age youth in voluntary programs, including aftercare, postsecondary support, and independent living services. Drawing from current research and youth-driven practice models, the session highlights relational engagement, co-production, power-sharing, and the use of natural supports as core components of authentic youth participation. Participants will explore how to create low-barrier, trauma-responsive environments that enhance trust, self-determination, and collaboration with the goal of increasing retention, satisfaction, and outcomes for youth transitioning out of foster care. Practical tools, examples, and engagement prompts will be provided for immediate application in the field.



[Liz Martin LLMSW](#)

# Navigating Ethical Dilemmas in Practicum Supervision: A Solution-Focused Approach

**Date/Time:** Friday March 20<sup>th</sup>, 2026 from 9:00am-11:00am

**Location:** Synchronous Virtual Over Zoom

**CEs Available:** 2 Ethics CEs

**Presenter:** Mark Giesler, PhD, LMSW

**Course Description:** Graduates of Michigan Schools of Social Work face increasing pressure to practice ethically amid evolving social media use, emerging technologies, and blurred professional boundaries. Practicum placement supervisors are challenged to not only teach ethical principles, but also model them within their supervision practices. This interactive course explores three supervision roles and tasks that commonly present ethical dilemmas or potential violations. Participants will strengthen their understanding of diversity competence, dual relationships, and scope of practice as they relate to practicum supervision. Small group activities will support discussion and problem solving around real world ethical challenges.



[Mark Giesler, PhD, LMSW](#)

## The Impact of Implicit Bias in Practice

**Date/Time:** Tuesday March 31<sup>st</sup>, 2026 from 5:00pm - 7:00pm

**Location:** Synchronous Virtual Over Zoom

**CEs Available:** 2 Implicit Bias CEs

**Presenter:** Lucy Mercier, PhD, LMSW, ACSW

**Course Description:** This course examines the impact of implicit bias in practice, with a focus on how unconscious attitudes and assumptions can create barriers and contribute to disparities in access to services. Participants will explore the concept of implicit bias, how it develops, and the ways it can influence provider perceptions, decision making, and professional interactions. The course will also address the real world consequences of bias for individuals, families, and communities receiving services. Through case studies and practical examples, participants will learn evidence informed strategies to recognize, reduce, and mitigate bias in their practice, with the goal of promoting more equitable and effective service delivery.



[Lucy Mercier, PhD, LMSW, ACSW](#)

# Human Trafficking 101 for Social Workers

**Date/Time:** Monday April 6<sup>th</sup>, 2026 from 5:00pm-6:30pm

**Location:** Synchronous Virtual over Zoom

**CEs Available:** 1.5 Human Trafficking CEs

**Presenter:** Shawn Schutt, MPH

**Course Description:** This course will provide attendees with a foundational understanding of human trafficking and the critical role helping professionals play in identifying and responding to it. Participants will explore what human trafficking is, including the legal definitions, root causes, and dynamics that make individuals vulnerable to exploitation. The course will examine the various forms of sex and labor trafficking, highlighting how trafficking can present in both overt and subtle ways across diverse community settings. Attendees will learn to recognize key indicators of trafficking, dispel common myths, and understand how trauma-bonding, coercion, and control tactics impact a victim's ability to seek help.



Shawn Schutt, MPH

**You can register for ALL courses  
by scanning the QR Code below**

**Any questions? email  
[youthwise@svsu.edu](mailto:youthwise@svsu.edu)**

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